



GROWING HEALTHY SCHOOLS MONTH

Initiative of the Office of the State Superintendent of Education

Teach a Standards-Based Lesson around Health or the Environment

Growing Healthy Schools Month is the perfect time to engage students in lessons that connect to health and the environment. While instruction in these topics can happen throughout the year, we hope this month inspires you to plan something special that will take your lessons to the next level. Below are some recommendations on activities and curricula:

ACTIVITY/ PROJECT	SUPPORTING RESOURCES
Indoor and Outdoor Air Quality	Free registration provides access to Clean Air Partners' On the Air curriculum. The EPA also has its Indoor Air Quality Tools for Schools Action Kit .
Green School Inventories	Complete an Eco-Schools Environmental Audit or one of Project Learning Tree's GreenSchools! Investigations . Topics include energy, water, school site, waste and recycling, and healthy schools, and more.
School Gardens	Use one of these recommended garden-based curricula to connect what you are doing in the classroom to the garden.
Bay Backpack	A wealth of information on the Chesapeake Bay and lessons for meaningful watershed educational experiences can be found on Bay Backpack .
Farm to School	A variety of resources that focuses on nutrition education, the local food system, and connecting students to school food.
Greening STEM	Download the Greening STEM toolkits from the National Environmental Education Foundation for ideas on how to integrate science, technology, and engineering with the environment.
Food and Nutrition	This list describes curricula appropriate for nutrition, health, physical education, and other disciplines.
Climate Change LIVE	Not sure how to introduce the topic of climate change in the classroom? Climate Change LIVE is an initiative lead by the US Forest Service that has lesson plans for all grade levels.

If you would like assistance planning or implementing any of these activities, please contact Grace Manubay, environmental literacy coordinator at the Office of the State Superintendent of Education by emailing grace.manubay@dc.gov or visiting <http://osse.dc.gov/service/healthy-schools-act-initiatives>

