



## Curricular Resources for Farm to School

### **The USDA Farm to School Resources, General Information, and Fact Sheets**

<http://www.fns.usda.gov/farmentoschool/farm-school-resources>

<http://www.fns.usda.gov/farmentoschool/farm-school>

<http://www.fns.usda.gov/farmentoschool/fact-sheets>

As a part of the Farm to School Initiatives of the United States Department of Agriculture, they have compiled a variety of resources and fact sheets to help with farm to school programs around the nation. These resources will take you through every process of your farm to school program development from beginning to sustaining.

### **National Farm to School Network**

<http://www.farmentoschool.org/resources>

The National Farm to School Network website has a list of curricular resources for use by educators of all kinds. Resources can be searched by keyword, publication date, state, setting, and topic. Topics vary and include everything from farm-based education to school gardens.

### **Teaching the Food System**

<http://www.jhsph.edu/research/centers-and-institutes/teaching-the-food-system/>

Teaching the Food System is a project of the Johns Hopkins Center for a Livable Future. Their site contains free classroom-ready curriculum for educators to download on a variety of topics that fall into three different units, which include: introduction to the food system, from field to plate, and eating, nutrition and food environments.

### **The University of Minnesota Extension: Farm to School**

<http://www.extension.umn.edu/food/farm-to-school/school-gardens/curriculum/>

The University of Minnesota Extension office has compiled a variety of Farm to School resources for educators as well as for parents, farmers and food service staff. Their lessons are categorized by education levels (pre-k to high school) and include many external organization's curricula as well.

Questions? Contact OSSE's Farm to School Specialist via email at [erica.walther@dc.gov](mailto:erica.walther@dc.gov) or phone at (202) 442-8940





## **Produce Spotlights**

<http://dcgreens.org/wp-content/uploads/2013/03/ProduceSpotlights3-.pdf>

Developed by DC Greens, this guide provides instructional resources on many of the fruits and vegetables served in D.C.'s Fresh Fruit and Vegetable Program (FFVP) so that snack time can serve as a teachable moment.

## **Growing Minds**

<http://growing-minds.org/teaching-resources/>

Growing Minds Farm to School Program was one of the first in the country. Their site provides resources such as: lesson plans, children's literature, recipes, and forms to utilize. These resources can be sorted by subject (from gardening to farm life) or school level (preschool – fifth grade).

## **FoodHub**

<http://food-hub.org/knowledgebase/farm-to-school>

FoodHub is a community for professionals within the food industry. Their site provides resources for educators, parents, and community members including: toolkits, lesson plans, reading books, coloring books, etc. There are resources for age groups ranging from preschool to high school.

## **Harvest of the Month**

<http://harvestofthemonth.cdph.ca.gov/Pages/Educators-Corner.aspx>

Harvest of the Month provides tools and resources to support healthy eating in a variety of settings. Originally developed by local schools in California, the program has since been adopted by the California Department of Public Health. Their Educators' Corner provides information such as: activities, assessment tools, additional resources, images, recipes, and other materials to utilize in your farm to school program.

## **School Garden Project**

<http://schoolgardenproject.org/resources/curriculum/sgp-curriculum/>

School Garden Project helps schools to create, sustain, and use onsite gardens by providing resources. They provide three years' worth of material broken down into 5 lessons for both spring and fall semesters of the school year. Each lesson provides supplemental materials to go along with the scheduled lesson.

