



# SCHOOL HEALTH PROFILE FORM

## Healthy Schools Act of 2010

Under Section 602 of the *Healthy Schools Act of 2010* (L18-0209), each public school and public charter school within the District of Columbia is required to complete and submit the School Health Profile (SHP) form to the Office of the State Superintendent of Education (OSSE) on or before February 15th of each year. Schools are also required to post the information requested in this School Health Profile form online, if the school has a website, and make the information available to parents in the main office.

*Any public school or public charter school that fails to complete and submit its School Health Profile form to OSSE on or before February 15th of each year will be out of compliance with Section 602 of the Healthy Schools Act of 2010.*

## Instructions

This SHP form must be completed by each school. For example, if your local education agency (LEA) includes five campuses, each campus must complete a SHP. Complete all sections of the form with responses for the 2013-2014 school year, unless otherwise noted. Once submitted, each school is required to post the information requested in this SHP form online, if the school has a website, and make the information available to parents at the main office.

OSSE recommends that one person at each school be responsible for disseminating the SHP form to school staff members (Health Teacher, Nurse, Food Services Manager, etc.) and then collecting the data and submitting the form online. For more information on how to complete the SHP form, please see the FAQ at the end of this document.

### **Submission Deadlines**

Forms must be received on or before February 15th of each year. OSSE will post each completed SHP form on the OSSE website for public review within 30 days of receipt. If your school has not completed the form by February 15th, your school will be listed on the OSSE website as out of compliance with Section 602 of the *Healthy Schools Act of 2010*. OSSE also reports compliance with the SHP to the Mayor, the City Council, and the Healthy Youth and Schools Commission.

The School Health Profile form can be completed and submitted online. Please visit your principal portal or contact [OSSE.HSAhealthform@dc.gov](mailto:OSSE.HSAhealthform@dc.gov) for more information.

For more information, see the School Health Profile FAQs page and the end of this document.

**For assistance, please call 202-727-3467 or email [OSSE.HSAhealthform@dc.gov](mailto:OSSE.HSAhealthform@dc.gov).**

# SCHOOL HEALTH PROFILE FORM

| Section 1: School Profile                       |   |  |       |       |
|---|---|--|-------|-------|
| Type of School *                                |   |  |       |       |
| Public School                                   |   | Public Charter School                  |       |       |
| School Name*                                    |   |  |       |       |
| Street Address*                                 |   |  |       |       |
| Does your school currently have a website?*     |   | What is your school's website address? |       |       |
| Yes                      No                     |   |  |       |       |
| Current number of students enrolled*            |   |  |       |       |
| Grades Served ( <i>select all that apply</i> )* |   |  |       |       |
| PS  | 2 | 6                                      | 10    |       |
| PK  | 3 | 7                                      | 11    |       |
| K   | 4 | 8                                      | 12    |       |
| 1   | 5 | 9                                      | Adult | Other |
| Number of weeks in your academic year*          |   |  |       |       |
| Contact Name*                                   |   |  |       |       |
| Contact Job Title*                              |   |  |       |       |
| Contact Email*                                  |   |  |       |       |

| <b>Section 2: Health Services</b>   |             |                       |                    |
|---|-------------|-----------------------|--------------------|
| <b>Recommended point of contact for this section: School Health Providers</b>   |             |                       |                    |
| What type of nurse coverage does your school have?*   |             |                       |                    |
| Full-time   |             | Part- time            | No coverage        |
| How many nurses are available at your school?   |             |                       |                    |
| One   | Two         |                       | Three or more      |
| Name of School Nurse 1  |             | School Nurse 1 E-mail |                    |
| Name of School Nurse 2  |             | School Nurse 2 E-mail |                    |
| Does your school currently have a school-based health center?*  |             |                       |                    |
| Yes   |             | No                    |                    |
| Does your school currently have a School Mental Health Program or similar services on site for students?*   |             |                       |                    |
| Yes   |             | No                    |                    |
| How many of the following clinical staff does your school currently employ?   |             |                       |                    |
| Psychiatrist  | # full time | # part time           |                    |
| Psychologist  | # full time | # part time           |                    |
| Licensed Independent Clinical Social Worker (LICSW)   |             | # full time           | # part time        |
| Licensed Professional Counselor (LPC)   |             | # full time           | # part time        |
| Do you partner with any outside organizations or agencies to address social-emotional needs, improve school climate around mental health, and/or provide for mental health needs? |             |                       |                    |
| Yes   |             | No                    |                    |
| Please specify the agency or organization:  |             |                       |                    |
| Does your school see a need for more school-based behavioral/mental health services than you currently have?  |             |                       |                    |
| Yes   |             | No                    |                    |
| Has your school ever used the Child and Adolescent Mobile Psychiatric Services (ChAMPS) or the Department of Mental Health's Access Helpline?                                     |             |                       |                    |
|   |             | Yes                   | No                 |
| Does your school currently have an anti-bullying policy?  |             |                       |                    |
|   |             | Yes                   | No      Don't know |

### Section 3: Health Education Instruction

#### Recommended point of contact for this section: Health Education Teacher

Are students required to take health education at your school?\*

Yes                      No

How many health education teachers does your school currently have on staff?\*

None                      One                      Two                      Three or more

Does your school currently have at least one certified or highly qualified health teacher on staff?

Yes                      No

Name of Health Ed Instructor 1

Health Ed Instructor 1 E-mail

Name of Health Ed Instructor 2

Health Ed Instructor 2 E-mail

How is health education instruction provided? *(select all that apply):*

Health education course                      Incorporated into another course  
 Assemblies or presentations                      Other:  
 No health education is provided

For each grade in your school, please indicate the average number of minutes per week during the regular instructional school week that a student receives health education instruction:\*

|                                |                               |                                |
|--------------------------------|-------------------------------|--------------------------------|
| Grade: <u>PS</u> Minutes/Week: | Grade: <u>4</u> Minutes/Week: | Grade: <u>10</u> Minutes/Week: |
| Grade: <u>PK</u> Minutes/Week: | Grade: <u>5</u> Minutes/Week: | Grade: <u>11</u> Minutes/Week: |
| Grade: <u>K</u> Minutes/Week:  | Grade: <u>6</u> Minutes/Week: | Grade: <u>12</u> Minutes/Week: |
| Grade: <u>1</u> Minutes/Week:  | Grade: <u>7</u> Minutes/Week: | Adult : Minutes/Week:          |
| Grade: <u>2</u> Minutes/Week:  | Grade: <u>8</u> Minutes/Week: | Other : Minutes/Week:          |
| Grade: <u>3</u> Minutes/Week:  | Grade: <u>9</u> Minutes/Week: |                                |

Is the health education instruction based on OSSE's health education standards?

Yes                      No

For the health topics listed, please specify which health education curriculum (or curricula) your school uses for instruction:

|                                    |             |
|------------------------------------|-------------|
| Communication and Emotional Health | Curriculum: |
| Safety Skills                      | Curriculum: |
| Human Body and Personal Health     | Curriculum: |
| Human Growth and Development       | Curriculum: |
| Disease Prevention                 | Curriculum: |
| Nutrition                          | Curriculum: |
| Alcohol, Tobacco and Other Drugs   | Curriculum: |
| Healthy Decision Making            | Curriculum: |
| Sexuality and Reproduction         | Curriculum: |

Does your school partner with any outside programs or organizations to satisfy the health education requirements?\*

Yes                      No

Please specify the agency or organization:

## Section 4: Physical Education Instruction

**Recommended point of contact for this section: Physical Education Teacher**

Are students required to take physical education at your school?\*

Yes                      No

How many physical education teachers does your school have on staff?

None                      One                      Two                      Three or more

Name of Physical Education Instructor 1

Physical Education Instructor 1 E-mail

Name of Physical Education Instructor 2

Physical Education Instructor 2 E-mail

What strategies does your school use, during or outside of regular school hours, to promote physical Activity? *(select all that apply)*

|                         |                           |                        |
|-------------------------|---------------------------|------------------------|
| Active Recess           | Movement in the Classroom | Walk or Bike to School |
| After-School Activities | Athletic Programs         | Safe Routes to School  |
| None                    | Other:                    |                        |

For each grade in your school, please indicate the average number of minutes per week during the regular instructional school week that a student receives physical education instruction.\*

|                                |                               |                                |
|--------------------------------|-------------------------------|--------------------------------|
| Grade: <u>PS</u> Minutes/Week: | Grade: <u>4</u> Minutes/Week: | Grade: <u>10</u> Minutes/Week: |
| Grade: <u>PK</u> Minutes/Week: | Grade: <u>5</u> Minutes/Week: | Grade: <u>11</u> Minutes/Week: |
| Grade: <u>K</u> Minutes/Week:  | Grade: <u>6</u> Minutes/Week: | Grade: <u>12</u> Minutes/Week: |
| Grade: <u>1</u> Minutes/Week:  | Grade: <u>7</u> Minutes/Week: | Adult : Minutes/Week:          |
| Grade: <u>2</u> Minutes/Week:  | Grade: <u>8</u> Minutes/Week: | Other : Minutes/Week:          |
| Grade: <u>3</u> Minutes/Week:  | Grade: <u>9</u> Minutes/Week: |                                |

For each grade that receives physical education instruction, please indicate the average number of minutes per week during the regular instructional school week devoted to **actual physical activity within the physical education course**.\*

|                                |                               |                                |
|--------------------------------|-------------------------------|--------------------------------|
| Grade: <u>PS</u> Minutes/Week: | Grade: <u>4</u> Minutes/Week: | Grade: <u>10</u> Minutes/Week: |
| Grade: <u>PK</u> Minutes/Week: | Grade: <u>5</u> Minutes/Week: | Grade: <u>11</u> Minutes/Week: |
| Grade: <u>K</u> Minutes/Week:  | Grade: <u>6</u> Minutes/Week: | Grade: <u>12</u> Minutes/Week: |
| Grade: <u>1</u> Minutes/Week:  | Grade: <u>7</u> Minutes/Week: | Adult : Minutes/Week:          |
| Grade: <u>2</u> Minutes/Week:  | Grade: <u>8</u> Minutes/Week: | Other : Minutes/Week:          |
| Grade: <u>3</u> Minutes/Week:  | Grade: <u>9</u> Minutes/Week: |                                |

**Section 4 (Continued...): Physical Education Instruction**  
**Recommended point of contact for this section: Physical Education Teacher**

Is the physical education instruction based on OSSE’s physical education standards?\*

Yes                      No

Which physical education curriculum (or curricula) is your school currently using for instruction?

Which physical activity curriculum (or curricula) is your school currently using for instruction?

Does your school use a physical education or fitness assessment tool?\* (e.g., Fitnessgram, President’s Physical Fitness Test, etc.)

Yes                      No

What is the name of the tool?

Does your school partner with any outside programs or organizations to satisfy the physical Education or physical activity requirements?\*

Yes                      No

Please specify the agency or organization:

How many times per week do students get recess?\*

How many minutes per week do students have recess?\*                      Minutes

**Section 5: Nutrition Programs**

**Recommended point of contact for this section: Food Services Director, Cafeteria Manager**

Name of Food Service Vendor\*

What types of nutrition promotion does your vendor provide? (*select all that apply*)\*

- |  |                       |
|--|-----------------------|
| None   | Multimedia            |
| Vendor-provided nutrition education  | Posters               |
| Meal time presentations  | Classroom Instruction |
| Outside speakers   | Handouts/brochures    |
| Other ( <i>please specify if a specific nutrition curricula is used</i> ): |                       |

Please comment on the quality and/or effectiveness of the nutrition promotion that your vendor provides:

Does your school offer free breakfast to all students?\*      Yes      No

Does your school offer breakfast in the classroom?      Yes      No

If yes, please specify the grades for which breakfast is served in the classroom:

Grade(s):

If you do not offer breakfast in the classroom, please explain why (i.e., not required):

Does your school offer any alternative breakfast models (check all that apply)?

- Cafeteria      Grab and Go cart      Other (*please specify*):

Where is your Grab and Go cart located? (check all that apply)

- In the cafeteria
- In/near the main entrance of the school
- Other
- If other, please specify:

**Section 5 (Continued...): Nutrition Programs**

**Recommended point of contact for this section: Food Services Director, Cafeteria Manager**

Does your school provide meals that meet the nutritional standards required by the federal and District laws, such as the Healthy Hunger-Free Kids Act and the Healthy Schools Act?

*These requirements (for lunch) include: a different vegetable every day; dark green, red/orange, dry beans/peas, starchy, and other vegetables each week; a different fruit every day; fresh fruit at least 3 times per week; 100% juice only once per week; a whole grain-rich serving every day; 3 different types of whole-grain rich foods each week; only low-fat (1% or less) or fat-free (skim) fluid milk each day.*

Yes

No

How many minutes does your school allow students to eat lunch?\*

Does your school serve locally grown and/or locally processed and unprocessed foods at meal times?

Yes

No

Are these items served at breakfast?

Yes

No

Are these items served at lunch?

Yes

No

Is water available to students during meal times?\*

Yes

No

Is it available via (check all that apply):

Water fountain in the cafeteria

Water fountain in another location

Water pitcher and cups

Students bring water

Other (please specify):

## Section 6: Local Wellness Policy

Recommended point of contact for this section: Principal, Chair of School Wellness Council/Committee

All Local Education Agencies (LEAs) in DC have a local wellness policy. Has your LEA's local wellness policy been distributed to the following? (check all that apply)

- Parent/teacher organization
- Wellness committee/council
- Foodservice staff
- Administrators
- Students
- None
- Other

Is your school implementing your LEA's local wellness policy?                      Yes                      No

Who at your school is responsible for implementing your LEA's local wellness policy? \*

Does your school have vending machines available to students?\*

Yes                      No

How many vending machines do you have:

What are the hours of operation of these vending machines?

What items are sold from these vending machines?

Do the items comply with the Healthy Schools Act?

Yes                      No

Does your school sell foods or beverages of any kind for fundraisers?

Yes                      No

Does your school have a school store?\*

Yes                      No

What are the hours of operation for the school store?

What food and beverages are sold?

## Section 7: Distributing Information

Where are the following items located at your school?

### ***LEA's Local Wellness Policy\****

This information is not available.

School Website

School Main Office

School Cafeteria or Eating Areas

Other:

### ***School Menu for Breakfast and Lunch\****

This information is not available.

School Website

School Main Office

School Cafeteria or Eating Areas

Other:

### ***Nutritional Content of Each Menu Item\****

This information is not available.

School Website

School Main Office

School Cafeteria or Eating Areas

Other:

### ***Ingredients of Each Menu Item\****

This information is not available.

School Website

School Main Office

School Cafeteria or Eating Areas

Other:

### ***Information on where fruits and vegetables served in schools are grown and processed and whether growers are engaged in sustainable agriculture practices\****

This information is not available.

School Website

School Main Office

School Cafeteria or Eating Areas

Other:

Are students and parents informed about the availability of vegetarian food options at your school?\*

Yes

No

Vegetarian food options are not available

Where can they find this information?

School Website

School Main Office

School Cafeteria or Eating Areas

Other:

Are students and parents informed about the availability of milk alternatives, such as soy milk, lactose free milk, etc., at your school?\*

Yes

No

Milk alternatives are not available

Where can they find these options?

School Website

School Main Office

School Cafeteria or Eating Areas

Other:



## Section 10: Posting and Form Availability to Parents

According to section 602(c) of the *Healthy School Act of 2010*, “each public school and public charter school shall post the information required by subsection (a) online if the school has a website and make the form available to parents in its office”.

How will you make this information available to parents?\*

Online

Copies Available at Main Office

Other (*please specify*):

Is your school sharing information about the Healthy Schools Act in any other ways?\*

Yes

No

Please explain:

Date Modified:

Last Modified by: