



Division of Data, Accountability and Research (DAR)

---

## Health and Physical Education Assessment Data Collection 2015-16 School Year

The District of Columbia's Healthy Schools Act of 2010 requires the Office of the State Superintendent of Education (OSSE) to collect and report student performance on DC Health and Physical Education Standards. OSSE is committed to supporting Local Education Agencies (LEAs) to comply with this law, while also being sensitive to the administrative burdens associated with the District-wide assessment and wanting to allow for LEA innovation and flexibility in how to measure those standards. To that end, OSSE is transitioning from a secure standardized Health and Physical Education Assessment to a new model for Health and Physical Education Assessment Data Collection, designed to leverage instructional plans your LEA already has in place. LEAs and schools are still expected to address all grade-level Health and Physical Education Standards through curriculum and instruction. However, the Health Assessment Data Collection represents a sample of standards assessed within an LEA/school's larger instructional plan. We are excited about this new approach and look forward to working with your LEA on how we can improve this process in future years. To complete the Health and Physical Education Assessment Data Collection, LEAs will do the following:

**STEP 1:** Complete and submit the LEA Health and Physical Education Assessment Plan

**STEP 2:** Submit your LEA's Health and Physical Education Assessment Performance Data

OSSE reporting categories and standards will be used to complete both steps.

### Reporting Categories & Assessed Standards

LEAs will assess students and provide student-level data in the following Reporting Categories:

5th Grade	8th Grade	High School
Communication and Emotional Health	Communication and Emotional Health	Human Growth and Development
Safety Skills	Safety Skills	Sexuality and Reproduction
Human Body and Personal Health	Human Development and Sexuality	Disease Prevention and Treatment
Disease Prevention	Disease Prevention	Nutrition
Nutrition	Nutrition	Alcohol, Tobacco, and Other Drugs
Alcohol, Tobacco, and Other Drugs	Alcohol, Tobacco, and Other Drugs	Locate Health Information and Assistance
Health Decision Making	Health Information and Advocacy	Safety Skills
Physical Education	Physical Education	Physical Education

LEAs will receive a list of OSSE-approved standards for inclusion in their Health and Physical Education assessment plan. LEAs will be asked to select a specified number of standards in each reporting category for inclusion in their Health and Physical Education Assessment Plan for the 2015-16 school year. This approach provides LEAs with flexibility to choose which standards to include in this data collection, while ensuring that OSSE obtains sufficient data from each reporting category. Full versions of DC's [Health Standards](#) and [Physical Education Standards](#) are located on the OSSE website.

Reporting Category	5 <sup>th</sup> grade	8 <sup>th</sup> grade	High School
Objective 1: Communication and Emotional Health	HE 5.1.1	HE 8.1.1	L1.1.1
	HE 5.1.2	HE 8.1.2	L1.1.3
	HE 5.1.3	HE 8.5.1	L1.1.4
	HE 5.4.1	HE 8.5.2	L1.4.1
	HE 5.4.3	HE 8.1.3	L1.1.5
	HE 5.5.1	HE 8.3.1	L1.1.7
	HE 5.5.2	HE 8.3.2	L1.5.2
Objective 2: Safety Skills	HE 5.1.4	HE 8.3.3	L1.1.10
	HE 5.3.2	HE 8.1.10	L1.1.8
	HE 5.3.3	HE 8.1.4	L1.1.9
Objective 3: Human Body and Personal Health	HE 5.1.5	HE 8.1.5	L1.1.11
	HE 5.1.6	HE 8.1.6	L1.1.12
	HE 5.3.1	HE 8.1.7	L1.1.13
Objective 4: Disease Prevention	HE 5.1.10	HE 8.1.8	L1.1.14
	HE 5.1.7	HE 8.1.9	L1.1.15
	HE 5.1.9	HE 8.4.1	L1.2.1
Objective 5: Nutrition	HE 5.1.11	HE 8.4.2	L1.2.2
Objective 6: Alcohol, Tobacco and Other Drugs	HE 5.1.12	HE 8.1.11	L1.2.3
	HE 5.1.13	HE 8.1.12	L1.4.2
Objective 7: Health Decision Making	HE 5.1.8	HE 8.1.13	L1.6.2
	HE 5.2.1	HE 8.1.14	L1.3.1
	HE 5.2.2	HE 8.1.15	L1.3.2
	HE 5.4.2	HE 8.1.16	L1.3.3
	HE 5.6.1	HE 8.1.17	PE L1.2.3
Objective 8: Physical Education	PE 5.4.1	HE 8.1.17	PE L1.2.6
	PE 5.4.3	HE 8.2.1	PE L1.2.7
	PE 5.4.8	HE 8.4.3	PE L1.2.8
	PE 5.4.2	HE 8.4.4	PE L1.2.9
	PE 5.4.5	HE 8.6.1	PE L1.2.1
	PE 5.4.7	PE 8.4.1	PE L1.2.2
		PE 8.4.10	PE L1.2.4
		PE 8.4.3	PE L1.2.5
		PE 8.4.5	
		PE 8.4.6	
		PE 8.4.8	
		PE 8.4.9	

The following section details the steps for completing the LEA plan and data collection, and provides a timeline for the 2015-16 Health and Physical Education Assessment Data Collection.

### STEP 1: LEA Health and Physical Education Assessment Plan Submission

LEAs will complete a Health and Physical Education Assessment Plan worksheet (provided by OSSE) and submit to [OSSE.assessment@dc.gov](mailto:OSSE.assessment@dc.gov) by February 1, 2015.

	Reporting Category	Health Standard	Evidence	Scoring Method	Performance Level
<b>OSSE's Role</b>	OSSE provides a list	OSSE provides an approved list of standards	OSSE provides feedback and/or approves	OSSE provides feedback and/or approves	OSSE provides levels and descriptions, 1-5
<b>LEA's Role</b>	LEAs select a specified number of standards per reporting category	LEAs select standards from a drop down list of approved standards	LEAs provide a detailed description of the evidence of student learning that will be used for data collection	LEAs provide how the evidence collected will be scored (e.g., 100 pt. grading scale, 20 pt. rubric, etc.)	LEAs provide method for transforming scores into Performance Levels (PL) (e.g., if assessed on a 100 pt. scale, 90-100 pts. = PL 5, 80-90 pts. = Performance Level 4, etc.)
<b>5th GRADE EXAMPLE</b>					
	Reporting Category	Health Standard	Evidence	Scoring Method	Performance Level
	Safety Skills	HE 5.1.3	Student learning will be demonstrated through...	Scoring of the evidence will be...	Scores will be transformed into Performance Levels by...
	Safety Skills	HE 5.1.1	Student learning will be demonstrated through...	Scoring of the evidence will be...	Scores will be transformed into Performance Levels by...
	Communication and Emotional Health	HE 5.1.4	Student learning will be demonstrated through...	Scoring of the evidence will be...	Scores will be transformed into Performance Levels by...
	Communication and Emotional Health	HE 5.3.2	Student learning will be demonstrated through...	Scoring of the evidence will be...	Scores will be transformed into Performance Levels by...

### Evidence, Scoring Method, and Performance Levels

LEAs may use a broad range of evidence to determine student performance on standards selected for the LEA's Health and Physical Education Assessment Plan. This evidence can range from administering paper-and-pencil assessment instruments, to performance tasks, to interviews/questionnaires, to observational rubrics of student activity, and more. Three considerations should be kept in mind when designing evidence that will be collected in the LEA Health and Physical Education Assessment Plan:

1. Does the evidence collected reflect student learning of the standard?
2. Does this evidence reflect individual student work or perspective?
3. Can the scoring method for this evidence be transformed into a 5-level performance scale?

Please note, while data will be submitted to OSSE during a single data collection window, LEA's do not need to collect evidence at a single point in time. An LEA's collection of evidence is at its

discretion, as it will often align with the LEA's curricular maps and instructional plans in Health and Physical Education.

Alongside determining evidence that will be used to demonstrate student learning, LEAs will include in the Health and Physical Education Assessment Plan how they will score each evidence. The scoring system selected is at LEAs discretion (points, scales, etc.), as long as it is clear how those scores will be transformed into five (5) OSSE-defined performance levels:

- Level 5 - Exceeded Expectations
- Level 4 - Met Expectations
- Level 3 - Approached Expectations
- Level 2 - Partially Met Expectations
- Level 1 - Did Not Meet Expectations

### **LEA Health and Physical Education Assessment Plan Evaluation and Approval**

OSSE will review Health and Physical Education Assessment Plans and rate each in one of two categories: **Approved** or **Revise and Resubmit**. If an LEA is asked to **Revise and Resubmit** a plan, OSSE will provide detailed written feedback and be available for technical assistance to ensure your plan is revised to meet the expectations for this assessment.

### **Optional: Administer OSSE HPE Exam**

OSSE will also make available a paper-and-pencil OSSE Health & Physical Education (HPE) Exam for those LEAs who would prefer to administer a common assessment. The assessment will be comprised of prior DC CAS Health Assessment items and will be locally scored by LEAs and/or schools. The OSSE HPE Exam will be available to LEAs in spring 2016, and details on the OSSE HPE Exam will be available in January 2016. LEAs will submit the student performance data from the OSSE HPE Exam using the data submission process described below.

### **STEP 2: Performance Data Submission**

All student performance data will be submitted by June 15, 2016. OSSE will provide your LEA with a spreadsheet pre-populated with your 5th, 8th, and High School students registered for the District-wide Assessment and the OSSE-approved Health and Physical Education Assessment Standards. LEAs will populate the spreadsheet with the performance levels (1-5) by standard for each student. Please note, for High School, prior to dissemination of data collection templates, OSSE will collect from LEAs a roster of those high school students who will participate in the Health and Physical Education Assessment Data Collection for the current year.

The following is an example of the Data Collection template you will receive from OSSE:

LEA Code	School Code	USI	Student Last Name	Student First Name	Reporting Category	Standard 1
xxxx	xxx	xxxxxxxx	Doe	John	Nutrition	(indicate PL 1-5)

## Timeline

The following table outlines the timeline for implementation of the 2015-16 Health and Physical Education Assessment Data Collection.

Date	OSSE Action	LEA Action
November 1	Send Health and Physical Education Assessment Plan templates to LEAs	NA
February 1	NA	Deadline to submit Health and Physical Education Assessment Plan
February 1-15	Review and approve Health and Physical Education Assessment Plans	NA
February 15	Send feedback to LEAs - plans are approved or LEAs are asked to revise and resubmit	NA
March 1	Send pre-populated Health and Physical Education Assessment Data Collection template to LEAs	Deadline to submit revised Health and Physical Education Assessment Plan, if needed
June 15	NA	Deadline to submit student performance data in the Health and Physical Education