



Child Care and Development Block Grant Act (CCDBG): Required Health and Safety Training

On Nov. 19, 2014, President Obama signed the Child Care and Development Block Grant (CCDBG) Act of 2014 into law. This law reauthorizes the child care program for the first time since 1996, and represents a historic re-envisioning of the Child Care and Development Fund (CCDF) program. The law made significant advancements, including defining health and safety requirements for child care providers.

As part of the law, states¹ must have health and safety training requirements and training and professional development requirements in place by Sept. 30, 2016. Health and safety requirements and training include the following 11 topic areas:

- Administration of medication;
- Prevention and control of infectious diseases;
- Sudden Infant Death Syndrome (SIDS) and use of safe sleep practices;
- Prevention and response to food allergies;
- Building and physical premises safety;
- Prevention of shaken baby syndrome and abusive head trauma;
- Emergency preparedness and response planning;
- Storage of hazardous materials & bio-contaminants;
- Precautions in transporting children, if applicable²;
- First-aid and cardiopulmonary resuscitation (CPR); and
- Nutrition and physical activity.

Pursuant to the CCDBG Act of 2014 and 29 DCMR 333.2(a), 29 DCMR 338.2(g), and 29 DCMR 352.2(b), new and existing directors, caregivers, and teachers must complete health and safety training in the 11 topic areas listed above. For new directors, caregivers, and teachers, health and safety training in the 11 topic areas must be completed either pre-service or within an orientation period not to exceed three months from the employee’s first day of employment. For existing directors, caregivers, and teachers, health and safety training in the 11 topic areas must be completed no later than Sept. 30, 2017. Evidence that new and existing directors, caregivers, and teachers have completed health and safety training in the 11 topic areas must be maintained at the child development facility and be readily available for inspection.

To assist new and existing directors, caregivers, and teachers in meeting these new training requirements, the Division of Early Learning’s Professional Development Unit is offering both synchronous (i.e., classroom) and asynchronous (i.e., online) courses that cover the 11 topic areas. To review the list of courses and register, please visit: <http://osse.dc.gov/events>

¹ The term “state” means the 50 states and the District of Columbia.
² This training topic is only required for providers that offer transportation services to children.

Health and Safety Requirements	Name of Training / Provided By	Description	Classroom/Online	Dates/Time	Location
Administration of medication	Medication Administration Child Care Management Solutions	The goal of this training is to ensure safe and accurate administration of oral, topical, inhaled, and emergency medications to infants and children.	Classroom	Saturday, July 30, 2016 9 a.m. – 3:30 p.m. Saturday, Aug. 27, 2016 9 a.m. – 3:30 p.m. Saturday, Sept. 10, 2016 9 a.m. – 3:30 p.m.	Freedom Manor 10905 Livingston Road. Fort Washington, MD 20744 \$85 registration fee To register, call (301) 203-7648
	Medication Administration in Early Education and Child Care American Academy of Pediatrics - PediaLink	Upon completion of this course, participants will be able to identify different types of medication; explain why and how medication is given; improve procedures for receiving, storing, preparing, and administering medication; document medication administration; and recognize and respond to adverse reactions to medication.	Online http://shop.aap.org/Medication-Administration-in-Early-Education-and-Child-Care	Ongoing	Free
	Medication Administration in the Child Care Setting: Utilizing Proper Practices and Procedures ProSolutions Training	During this course, participants will learn why medication is administered in the child care setting; medication preparation, forms, and policies; administering medications and standard precautions; and allergic reactions, side effects, medication errors, and inappropriate parent requests.	Online https://www.prosolutionstraining.com/store/product/?tProductVersionid=958	Ongoing	\$18 registration fee
Prevention and control of infectious diseases	Adult/Pediatric First Aid and CPR and Preventing Blood Borne Pathogens The Coles Group	With an emphasis on hands-on-learning, the First Aid/CPR/AED courses give participants the skills to save a life as well as a short course in blood borne pathogens.	Classroom	Tuesday, Aug. 2, 2016 9 a.m. – 5 p.m. Register by email: Diane.Mason@dc.gov ----- Tuesday, Sept. 13, 2016 9 a.m. – 5 p.m. Register by email: Diane.Mason@dc.gov ----- Tuesday, Sept. 20, 2016 (in Spanish) 9 a.m. – 5 p.m. Register by email: Diane.Mason@dc.gov	OSSE 810 First St. NE, Eighth Floor Room 806 A&B
	Preventing and Managing Infectious Diseases in Early Education and Child Care American Academy of Pediatrics - PediaLink	This course provides participants with reliable national resources for guidance on preventing and managing infectious diseases and is designed for everyone who cares for children, including health care professionals, and child care providers.	Online http://shop.aap.org/Preventing-and-Managing-Infectious-Diseases-in-Early-Education-and-Child-Care	Ongoing	Free
	Prevention and Control of Infectious Disease Better Kid Care (Penn State Extension)	This lesson offers strategies to reduce the spread of germs in infant/toddler care and helps to assess current practices and develop ways to keep young children and adults healthy.	Online http://extension.psu.edu/youth/betterkidcare/early-care/ccdbg/prevention-and-control-of-infectious-disease	Ongoing	\$5 certificate fee
	Bloodborne Pathogens ProSolutions Training	This course will teach participants about various diseases that can be spread through contact with blood and how to deal with accidental exposures.	Online https://www.prosolutionstraining.com/store/product/?tProductVersionid=206	Ongoing	\$10 registration fee
	Preventing and Managing Infectious Diseases in Early Education and Child Care Healthy Child Care America	This course provides participants with reliable national resources for guidance on preventing and managing infectious diseases and is designed for everyone who cares for children, including health care professionals and child care providers.	Classroom/Online http://www.healthychildcare.org/PDF/MIDAccessFlyer.pdf	Ongoing	Materials can be printed and provided as an in-person training

Health and Safety Requirements	Name of Training / Provided By	Description	Classroom/Online	Dates/Time	Location	
Sudden Infant Death Syndrome (SIDS) and use of safe sleeping practices	How to Provide a Safe Sleep Environment for Infants Workshops for Preventing Sudden Infant Death Syndrome (SIDS) and Sudden Unexpected Infant Death (SUID) DC Department of Health	Participants will learn ways to reduce the risk of SIDS in child care settings, and how to inform parents and other caregivers on safe sleep practices.	Classroom	Tuesday, July 26, 2016 10 a.m. – 12 p.m. Register by web: http://1.usa.gov/291XPaa	Department of Health (DOH) 899 North Capitol St. NE, Third Floor	
				Tuesday, Aug. 23, 2016 10 a.m. – 12 p.m. Register by web: http://bit.ly/29t1mvo		
				Tuesday, Sept. 27, 2016 10 a.m. – 12 p.m. Register by web: http://bit.ly/29C5CMu		
		Preventing Sudden Infant Death Syndrome ICF Early Education Institute (Spanish translation)	Participants will learn ways to reduce the risk of SIDS in child care settings, and how to inform parents and other caregivers on safe sleep practices.	Classroom	Friday, Sept. 23, 2016 1 – 3 p.m. Register by web: http://bit.ly/29ICzkl	OSSE 810 First St. NE, Fourth Floor Room 4002
		Reducing the Risk of SIDS in Early Education and Child Care American Academy of Pediatrics - PediaLink	Participants of this course will learn how to create a safe sleep environment to reduce the risk of sudden infant death syndrome (SIDS) and other sleep-related deaths in child care.	Online http://shop.aap.org/Reducing-the-Risk-of-SIDS-in-Early-Education-and-Child-Care	Ongoing	Free
		A Good Night's Sleep: How Sleep Affects Health Better Kid Care (Penn State Extension)	This lesson explores the relationship of sleep and health including helpful tips and recommendations for age-specific requirements.	Online http://bit.ly/29GikfS	Ongoing	\$5 certificate fee
		Infant-Toddler Care: Safety Better Kid Care (Penn State Extension)	This lesson will guide professionals who work with infants and toddlers to assess play spaces, children's experiences, and current practices to maximize children's safety.	Online http://extension.psu.edu/youth/betterkidcare/lessons/itc-safety	Ongoing	\$5 certificate fee
	Sudden Infant Death Syndrome (SIDS) - Reducing the Risk ProSolutions Training	This session focuses on reducing a baby's risk of SIDS at home and in child care settings. Participants will learn more about SIDS and SUIDS; and at least five ways to reduce the risk for SIDS in a child care setting and at home.	Online https://www.prosolutionstraining.com/store/product/?tProductVersion_id=159	Ongoing	\$10 registration fee	
	Safe Sleep Practices for Caregivers: Reduce the risk of SUID Better Kid Care (Penn State Extension)	This lesson focuses on defining SUID and identifying behaviors that affect and reduce the risk of sleep-related SUID.	Online http://bit.ly/29Bzy9z	Ongoing	\$5 certificate fee	
Prevention and response to food allergies	Food Allergy & Emergency Response Training United Planning Organization	This training will explore the food allergy procedures that should be in place when caring for children in early care and preschool settings according to research-based Centers for Disease Control and Prevention (CDC) guidelines and the rights of children with food allergies. Topics include preventing exposure to the specific food(s) to which each child is allergic; recognizing the symptoms of an allergic reaction; and treating allergic reactions in emergency situations.	Classroom	Friday, Aug. 19, 2016 10 a.m. – 1 p.m. Register by web: http://bit.ly/29JBuwG	OSSE 810 First St. NE, Eighth Floor Room 806 A&B	
				Tuesday, Aug. 23, 2016 10 a.m. – 1 p.m. Register by web: http://bit.ly/29OUE7e		
				Monday, Sept. 19, 2016 1 – 4 p.m. Register by web: http://bit.ly/29W6X14	OSSE 810 First St. NE, Third Floor, Grand Hall Side A	
				Friday, Sept. 30, 2016 10 a.m. – 1 p.m. Register by web: http://bit.ly/29Z4TEV		OSSE 810 First St. NE, Eighth Floor, Room 806 A&B

Health and Safety Requirements	Name of Training / Provided By	Description	Classroom/Online	Dates/Time	Location
Prevention and response to food allergies (continued)	Food Allergies: Management and Prevention Better Kid Care (Penn State Extension)	This lesson describes food allergies and what early care and education professionals need to know to ensure the health and safety of children with food allergies.	Online http://extension.psu.edu/youth/betterkidcare/lessons/food-allergies-management-and-prevention	Ongoing	\$5 certificate fee
	Food Allergies: Recognizing Allergic Reactions and Meal Planning in the Child Care Setting ProSolutions Training	This course will discuss the most common food allergies in young children, how to recognize an allergic reaction, and what foods to avoid when planning meals.	Online https://www.prosolutionstraining.com/store/product/?iProductVersion_id=124	Ongoing	\$10 registration fee
Building and Physical Premises Safety	Infant-Toddler Care: Safety Better Kid Care (Penn State Extension)	This lesson will guide professionals who work with infants and toddlers to assess play spaces, children's experiences, and current practices to maximize children's safety.	Online http://extension.psu.edu/youth/betterkidcare/lessons/itc-safety	Ongoing	\$5 certificate fee
	Supervision: Counting Children Better Kid Care (Penn State Extension)	Participants will learn how to enhance one's supervision skills and incorporate appropriate supervision practices. This lesson focuses on ways to maintain an accurate count of the children in a group.	Online http://extension.psu.edu/youth/betterkidcare/lessons/supervision-counting-kids	Ongoing	\$5 certificate fee
	Supervision: Playground Supervision Better Kid Care (Penn State Extension)	Participants will learn how to enhance one's supervision skills and incorporate appropriate supervision practices. This lesson focuses on meeting the additional supervision needs for outdoor play.	Online http://extension.psu.edu/youth/betterkidcare/lessons/supervision-playground-supervision	Ongoing	\$5 certificate fee
	Supervision: Positioning – Where Do I Stand? Better Kid Care (Penn State Extension)	Participants will learn how to enhance one's supervision skills and incorporate appropriate supervision practices. This lesson focuses on determining where to position teachers and staff for quality supervision of children.	Online http://extension.psu.edu/youth/betterkidcare/lessons/supervision-positioning-2013-where-do-i-stand	Ongoing	\$5 certificate fee
	Essentials of Indoor Safety ProSolutions Training	This course will teach participants to identify, correct, and avoid common indoor hazards, and keep the children in care safe. Participants will learn how to access important regulations and codes affecting safety in the center or family home day care. Participants will also learn how to educate parents about indoor safety.	Online https://www.prosolutionstraining.com/store/product/?iProductVersion_id=121	Ongoing	\$18 registration fee
	Essentials of Outdoor Safety ProSolutions Training	Outdoor play is great for children's health and development, but it also exposes them to different safety risks. Participants will learn about the major causes of outdoor injuries and easy ways you can prevent them at your center or home day care.	Online https://www.prosolutionstraining.com/store/product/?iProductVersion_id=120	Ongoing	\$18 registration fee
	Multi hazard Planning for Childcare FEMA Emergency Management Institute	The goal of this course is to provide childcare providers, of all sizes and with responsibility for children of all ages, with the knowledge and tools to analyze the hazards and threats at the site, to develop a plan to address these hazards and threats, and to implement processes to update and practice the emergency plan.	Online http://www.training.fema.gov/is/courseoverview.aspx?code=IS-36	Ongoing	Free

Health and Safety Requirements	Name of Training / Provided By	Description	Classroom/Online	Dates/Time	Location
Prevention of shaken baby syndrome and abusive head trauma	Act Early: When Children Fall Behind in their Developmental Milestones OSSE - PDU	Research shows that the first five years of life are the most important to a child's development and acting early can greatly improve a child's quality of life, prevents abuse, and improves early education outcomes. In this training, the participants will learn about District programs, DC Early Intervention Strong Start and Early Stages, and how to prevent shaken baby syndrome.	Classroom	Thursday, Aug. 4, 2016 1 – 4 p.m. Register by web: http://bit.ly/29hyps0	OSSE 810 First St. NE, Eighth Floor Room 806 B
				Thursday, Sept. 15, 2016 1 – 4 p.m. Register by web: http://bit.ly/29kO4Ca	OSSE 810 First St. NE, Fourth Floor Room 4002
	Child Abuse Prevention and Mandatory Reporter Training Child and Family Services Agency (CFSA)	After completing the Mandatory Reporter Training, participants will understand their legal obligations as a mandatory reporter, will be able to define and recognize the signs of child abuse and neglect, and will have a better understanding of the groups of children who may be at a higher risk for abuse or neglect.	Classroom	Tuesday, Aug. 16, 2016 1 - 4 p.m. Register by web: http://bit.ly/29fTDks	OSSE 810 First St. NE, Ninth Floor Room 9014
				Wednesday, Sept. 14, 2016 1 – 4 p.m. Register by web: http://bit.ly/29gTKMl	OSSE 810 First St. NE, Eighth Floor Room 806 B
	Trauma and Resilience: Building Strength in Children Early Stages	In this workshop, participants will learn how trauma can affect a child's developing brain. The participants will learn how to identify signs of trauma and how to foster resilience in children so that they can develop into emotionally strong adults.	Classroom	Tuesday, Aug. 17, 2016 1 – 4 p.m. Register by web: http://bit.ly/29PAFY	OSSE 810 First St. NE, Eighth Floor Room 806 A&B
				Monday, Sept. 19, 2016 1 – 4 p.m. Register by web: http://bit.ly/29lno3S	OSSE 810 First St. NE, Eighth Floor Room 806 B
	Child and Family Services Agency - Online Mandated Reporter Training CFSA	Mandated reporters are professionals obligated by law to report known or suspected incidents of child abuse and neglect. This website provides the information providers need to recognize the signs of abuse and neglect and how to make a report.	Online https://dc.mandatedreporter.org/pages/Welcome.action	Ongoing	Free
	Infant-Toddler Care: Safety Better Kid Care (Penn State Extension)	As curious infants and toddlers develop, their desire to explore presents unique safety challenges. This lesson will guide professionals who work with infants and toddlers to assess play spaces, children's experiences, and current practices to maximize children's safety.	Online http://extension.psu.edu/youth/betterkidcare/lessons/itc-safety	Ongoing	\$5 certificate fee
Emergency preparedness and response planning	Emergency Preparedness Children's National Medical Center	Being prepared for emergencies can make a big difference as to whether or not the children in your care and the staff in your program remain safe. In this course, participants will learn about the necessary steps a program should take to ensure preparedness in the event of an emergency, as well as effective strategies to communicate the emergency plan to children, parents, and staff.	Classroom	Monday, Aug. 15, 2016 9 – 11 a.m.	OSSE 810 First St. NE, Fourth Floor Room 4002
				Monday, Sept. 12, 2016 9 – 11 a.m. Register by web: http://bit.ly/29lQzeU	
	Community Emergency Response Training (CERT) SERVE DC	This two-day program teaches basic disaster response skills, fire safety, light search and rescue, CERT team organization, disaster psychology, terrorism awareness, and disaster medical operations.	Classroom	Thursday, Aug. 11, 2016 & Friday, Aug. 12, 2016 9 a.m. – 5 p.m. Register by web: http://bit.ly/29lpfWX	OSSE 810 First St. NE, Eighth Floor Room 806 A&B Note: Must attend both sessions in order to receive a certificate.
				Thursday, Sept. 22, 2016 & Friday, Sept. 23, 2016 9 a.m. – 5 p.m. Register by web: http://bit.ly/29wUxfs	

Health and Safety Requirements	Name of Training / Provided By	Description	Classroom/Online	Dates/Time	Location
Emergency preparedness and response planning (continued)	Multi hazard Planning for Childcare FEMA Emergency Management Institute	The goal of this course is to provide childcare providers, of all sizes and responsibility for children of all ages, with the knowledge and tools to analyze the hazards and threats at the site, to develop a plan to address these hazards and threats, and to implement processes to update and practice the emergency plan.	Online https://training.fema.gov/is/courseoverview.aspx?code=is-36	Ongoing	Free
	Emergency Preparedness: Better Safe Than Sorry! ProSolutions Training	In this course, participants will learn about the necessary steps a program should take to ensure preparedness in the event of an emergency, as well as effective strategies to communicate an emergency plan to children, parents, and staff.	Online https://www.prosolutionstraining.com/store/product/?tProductVersionId=187	Ongoing	\$10 registration fee
Storage of hazardous materials and bio-contaminants	Healthy Child Care Environments: Pest Prevention Using IPM Better Kid Care (Penn State Extension)	This lesson explores the connection between children's health and pest control in a child care facility. Participants will learn safer pest control practices to help assure the indoor environment for children is safe using Integrated Pest Management (IPM).	Online http://bit.ly/29MUBLj	Ongoing	\$5 certificate fee
	Healthy Child Care Environments: Pest Treatment Using IPM Better Kid Care (Penn State Extension)	In this lesson, participants will learn about several common pests found in child care facilities, how to manage them safely and effectively using Integrated Pest Management (IPM), and about using pesticides safely.	Online http://bit.ly/29OEXMa	Ongoing	\$5 certificate fee
	Healthy Child Care Environments: Using Green Cleaners Better Kid Care (Penn State Extension)	The participants will learn about different cleaning practices, why they are important, and what can be done to make the indoor environment healthier for the children in child care.	Online http://bit.ly/29GIHAC	Ongoing	\$5 certificate fee
	Your #1 Priority: Keeping Children Healthy and Safe Better Kid Care (Penn State Extension)	Keeping children healthy and safe should be the top priority for all child care providers. This lesson addresses the key areas of hand washing, the use of sanitizers, and the safety of indoor and outdoor play equipment. The participants will learn the latest research-based information and best ways to keep the children in your care healthy and safe.	Online http://bit.ly/29OF0aV	Ongoing	\$5 certificate fee
Precautions in transporting children (if applicable)	Occupant Protection Awareness Training District Department of Transportation (DDOT)	Interior Temperature of Vehicles Even on a relatively cool day, the temperature inside a parked car can quickly spike to life-threatening levels if the sun is out.	Classroom	Wednesday, Aug. 17, 2016 1:30 – 5:30 p.m. Register by web: http://bit.ly/29hFOj	OSSE 810 First St. NE, Fifth Floor Room 5014
		Child Passenger Safety Provide information on the importance of using a child restraint seat, with hands on activities.		Monday, Sept. 12, 2016 9 a.m. – 1 p.m. Register by web: http://bit.ly/29CspWS	
		Passenger Vans The more people these vans carry, the greater the risk of rollover in a single-vehicle crash. A 15-passenger van with 10 or more occupants has a rollover rate nearly three times higher than one carrying fewer than five people.			

Health and Safety Requirements	Name of Training / Provided By	Description	Classroom/Online	Dates/Time	Location
First aid and cardiopulmonary resuscitation (CPR)	Adult/Pediatric First Aid and CPR and Preventing Blood Borne Pathogens The Coles Group	With an emphasis on hands-on-learning, the First Aid/CPR/AED courses give participants the skills to save a life as well as a short course in blood borne pathogens.	Classroom	Tuesday, Aug. 2, 2016 9 a.m. – 5 p.m. Register by email: Diane.Mason@dc.gov ----- Tuesday, Sept. 13, 2016 9 a.m. – 5 p.m. Register by email: Diane.Mason@dc.gov ----- Tuesday, Sept. 20, 2016 (in Spanish) 1 9 a.m.– 5 p.m. Register by email: Diane.Mason@dc.gov	
Nutrition and physical activity	Nutrition for Early Learners OSSE - Division of Health and Wellness	This two-hour training session will teach participants the basics of good nutrition for toddlers and preschoolers, as well as planning and preparing nutritious meals with a focus on meeting the Child and Adult Care Food Program (CACFP) meal pattern requirements. This training will also cover best practices for creating positive meal times and implementing family-style meal service.	Classroom	Friday, Aug. 5, 2016 9:30 a.m. - 12 p.m. Register by web: http://bit.ly/29hOKMg ----- Friday, Sept. 16, 2016 9:30 a.m. - 12 p.m. Register by web: http://bit.ly/29riHGo	OSSE 810 First St. NE, Eighth Floor Room 806 B
	Age-Appropriate Nutrition, Feeding, and Physical Activity in Childcare Settings DOH	This course offers ideas for healthy eating and active play in the early childhood environment. Participants will learn how to prepare, feed, store formula and human milk, how to create a supportive breastfeeding environment, when to introduce solid foods to children, what foods young children need to stay healthy, the importance of fluids for children's health, ways to help children develop good eating habits, strategies for working with families to promote healthy nutrition practices at home, and how to create active opportunities for physical activity.	Classroom	Tuesday, Aug. 16, 2016 10 a.m. - 12 p.m. http://bit.ly/29AW866	OSSE 810 First St. NE, Eighth Floor Room 806 A&B