

Family Activities by Subject

READING & WRITING	ACTIVITY	SUGGESTED GRADE LEVELS
	Bedtime stories	Elementary
	Family poetry slam	All
	Postcards and letters to family or veterans	All
	Cookbook and recipe selection	All
	Library visit	All
	Current event exploration	All
	Writing contests	All
	Family spelling bee	All
	Author talks	All
	eBooks	Depends on child
	Newspapers & magazines	All
	Comic books & graphic novels	Late elementary, middle and high school
	Writing a play or skit	Late elementary, middle and high school
ART & MUSIC	ACTIVITY	SUGGESTED GRADE LEVELS
	Family talent show	All
	Painting & drawing	All
	Home art workshop	Depends on child
	Photography	Late elementary, middle and high school
	Free concerts	All
	Outdoor movies	All
	Singing	All
	Dancing	All
	Play instrument	Depends on child
	Attend performance	All
FAMILY TRADITIONS	ACTIVITY	SUGGESTED GRADE LEVELS
	Card & board games	All
	Meal time	All
	Holidays & celebrations	All
	Interview older family member	Middle and high school
	Religious & spiritual time	All

	Caring for younger/older family members	Depends on child
	Family journal/scrapbook/photo album	All
	Community service & volunteering	Depends on child
	Chores	Depends on child
COLLEGE & CAREER	ACTIVITY	SUGGESTED GRADE LEVELS
	Visit your workplace	Depends on child
	Mock interview	Middle and high school
	Attend school board meeting	Middle and high school
	Home business	Depends on child
	Online college search	Middle and high school
	Apprenticeship	High school
	College visit	All
	Read wanted ads	Middle and high school
	College and employment test preparation	Middle and high school
	Job fairs	Depends on child
	Dual enrollment	High school
	Internship	High school
	Volunteering	Depends on child
	Resume writing	High school
	Personal statement or essay	Middle and high school
FINANCIAL LITERACY	ACTIVITY	SUGGESTED GRADE LEVELS
	Savings jar or "piggy bank"	All
	Open & maintain bank account	All
	Read business news	Middle and high school
	Entertainment budget	Middle and high school
	Part-time work	High school, depends on child
	College savings plan	All
	Scholarship and grant search	Middle and high school
	Investing	Depends on child
SCIENCE & TECHNOLOGY	ACTIVITY	SUGGESTED GRADE LEVELS
	Gardening & yard work	Depends on child
	Caring for pets	Depends on child
	Nature walk/bird watching	All

	Recycling/community cleanup	All
	Do-it-Yourself project	Depends on child
	Puzzles & brainteasers	All
	Stargazing	All
	Fly kite	All
	Build models and robots	Depends on child
	Design an app	Middle and high school
	Science experiments	Depends on child
HISTORY/GEOGRAPHY/CIVICS	ACTIVITY	SUGGESTED GRADE LEVELS
	Capitol tour	Middle and high school
	Supreme Court tour	Middle and high school
	White House tour	All, depends on availability
	History walking tour	Depends on child
	Historical re-enactments	Depends on child
	Viewing U.S. and world maps	All
	Researching another state or country	All
	Museum exhibitions	All
	Advisory Neighborhood Commission meeting	Depends on child
	Attend City Council meeting	High school
	Voting	High school, 18 years old
HEALTH & NUTRITION	ACTIVITY	SUGGESTED GRADE LEVELS
	Farmers market	All
	Health & fitness fair	All
	Community garden	All
	Grocery list & shopping	All
	Family neighborhood walk	All
	Bicycling & skating	Depends on child
	Fun run/charity walk	Depends on child
	Food tasting, sampling	All
	Meal preparation	All
	Organized sports	Depends on child