

DISTRICT OF COLUMBIA

Office of the State Superintendent of Education

Wellness and Nutrition Services (WNS)

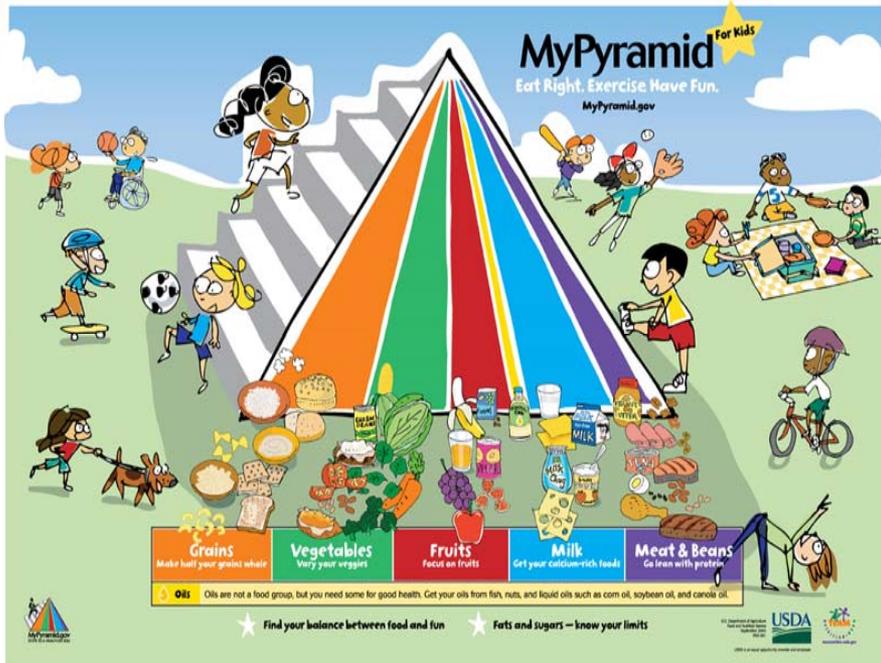


Mission of WNS

To work with schools and community based organizations to promote positive healthy behaviors and to improve the quality of life for children and youth in the District of Columbia. We offer capacity building to schools and community based organizations through federal funding, technical assistance and programming.



Wellness & Nutrition Services



USDA:

National School Lunch Program

- ◇ School Breakfast Program
- ◇ Afterschool Snack
- ◇ Free Summer Meals

TEFAP

Special Milk Program

Child & Adult Care Food Program

Food Distribution Program

CDC:

Youth Risk Behavior Survey

HIV-AIDS Education



National School Lunch Program

A voluntary program available to all public and public charter schools, private schools, and residential child care institutions which agree to operate a non profit program offering lunches meeting federal requirements to all children in attendance.

The National School Lunch Program (NSLP) Includes:

School Breakfast Program

Free Summer Meals Program

Food Distribution

Special Milk Program

Afterschool Care Snack Program

Fresh Fruits and Vegetables



National School Lunch

Who qualifies for free or reduced-price lunches?

- Any child at a participating school may purchase a meal through the NSLP.
- Participating schools and institutions must provide free and reduced-price breakfasts to eligible children.
- Children from families with incomes that meet the poverty index of:

130 % = Free meals.

130 % to 185 % = Reduced-price meals

over 185 % = Pay full price



National School Lunch Program

In SY 2008-2009 in the District of Columbia:

Over 7.3 million lunches served in 63 School Food Authorities (SFA's)

Over 3.4 million breakfasts served in 51 SFA's

Lunch rates:

Free = \$2.68 (60% or more – \$2.70)

Reduced = \$2.28 (60% or more – \$2.30)

Paid = \$0.25

Breakfast rates:

Free – \$1.46 (severe need – \$1.74)

Reduced – \$1.16 (severe need – \$1.44)

Paid - \$0.26



National School Lunch Program

Funding Opportunity:

75 students at free rate
x \$4.44 daily free bk/lunch reimbursements
+ 25 students at RP rate
x \$3.74 daily RP bk/lunch reimbursements
x 180 school days

= \$76,770 per year



National School Lunch Program

Student Eligibility on NSLP includes:

- Direct Certification
- Categorical Eligibility
- Income Based Eligibility
- Title I Funding



National School Lunch

LEA responsibilities for administering the program!

- Maintain financial records to ensure non-profit status,
- Provide applications for meal benefits to each household,
- Approve and/or deny applications for meal benefits,
- Verify current income from a sample of households selected,
- Take meal counts at the point of service,
- Submit claims for reimbursement, and
- Competitively bid for purchased food, supplies, equipment, and services.

.....An annual application must be submitted each year in order to apply for funding. Applications are for the federal fiscal year, October 1 through September 30.



Special Milk Program

Provides federal reimbursement to any non-profit entity that does not participate in the National School Lunch Program.

- Schools where children do not have access to the other school meal programs can participate in the SMP. This program provides milk to children in half-day pre-kindergarten and kindergarten programs.
- Operated in 4 parochial schools.



Afterschool Snack Program

The National School Lunch Program (NSLP) offers federal reimbursement to help schools serve snacks to children in after-school activities aimed at promoting the health and well being of youth in our communities.

- 33 SFA's in DC participated in the ASSP in SY 2008-2009



Food Distribution

Schools also are entitled by law to receive USDA commodity foods, valued at \$0.195 for each lunch served for the 2009-10 school year.

Schools may also receive "bonus" commodities when they are available.

2009-2010 SY

\$1.42 million in Entitlement funding

\$1.072 million for Purchase of commodities

\$330,000 - Purchase of fruit and vegetables through the Department of Defense



Fresh Fruits & Vegetable Program

What Is the FFVP?

The Fresh Fruit and Vegetable Program (FFVP) was initiated by Congress as a pilot project to encourage schools to serve more fresh fruits and vegetables.

It has now expanded to all States: District of Columbia

➤ SY 2008-2009	→	\$619,045.00
➤ SY 2009- 2010	→	\$781,235.60



Free Summer Meals Program

Everybody Wins with Summer Food!

The Summer Food Service Program (SFSP) was instituted to provide nutritious meals to children during the summer months when school is not in session. The program is funded by the USDA and administered by OSSE.

Sponsoring organizations include:

Public or private non-profit local education agencies;
Entities of state, local, municipal, or county government;
Residential camps; and
Private nonprofit organizations with 501(c)(3) status.



Nutritional Benefits

- Reimbursable meals must meet federal nutrition standards.
- Provide no more than 30 percent of calories from fat and less than 10 percent of calories from saturated fat.
- USDA research indicates that children who participate in the National School Lunch Program have superior nutritional intakes compared to those who bring lunch from home or otherwise do not participate.



Farm-To-School

Local Products used in:

- salad bars
- hot entrees / other meal items
- snack in classroom
- taste tests
- fundraisers

Educational Activities:

- chef/farmer in class
- cooking demos
- greenhouses, waste management, recycling, and composting
- farm tours
- harvest of the month
- school gardens



D.C.P.S. Local Wellness Policy

Required to participate in National School Lunch Program
Wellness Policy Implementation Committee

Changes so far include:

- » Milk with 1% or less fat served
- » Foods are baked not fried (*ex. French Fries*)
- » In 2009-2010 school year, partner with DOH to obtain Body Mass Index (BMI) data on all students
- » Partnership with the Alliance for a Healthier Generation
- » Breakfast in the classroom



General Mills/United Way Healthy Communities Initiative

Mayor's Commission on Food & Nutrition

RFA to award \$200,000 to LEAS in SY 2008-2009 to increase nutrition and physical education. Another \$200,000 will be awarded in SY 2009-2010

The grant recipients include:

- ❖ CW Harris ES
- ❖ Early Childhood Academy PCS
- ❖ Friendship PCS
- ❖ IDEA PCS
- ❖ Marie Reed Learning Center

Tyler ES
EW Stokes PCS
Imagine PCS
Neval Thomas ES



The Future of Wellness and Nutrition Services

In Five Years, We would like to...

- Strengthen program access for underserved children and communities – i.e., getting more kids into the programs.
- Decrease obesity amongst youth and HIV rates and youth risk-behaviors by 1%/year.
- Enhance nutrition quality and physical activity programs
- Simplify program administration at WNS



References

Sandra Schlicker, State Director – 202-741-5252 Sandra.Schlicker@dc.gov

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