

DC WIC CERTIFICATION SITES

SOUTHWEST CLINICS

Southwest Clinic
850 Delaware Ave., SW 20024
3rd Floor
(202)548-4549
Tues. 8:15am-4:45pm

SOUTHEAST CLINICS

Congress Heights Health Center
3720 MLK Jr. Ave., SE 20020
(202)279-1826
Mon.-Fri. 8:15am-4:45 pm

Children's Health Center
Good Hope Road
2501 Good Hope Rd., SE 20020
(202)476-6994
Mon.-Fri. 8:30am-4:30pm

DC General Hospital
1900 Massachusetts Ave., SE 20003
Bldg. #9
(202)548-6541
Mon.-Wed. 8:00am-4:30pm

Anacostia Health Center
1500 Galen St., SE 20020
(202)610-5491 or 5492
Mon., Tues., Thurs. & Fri.
8:30am-5:00pm
2nd & 4th Wed. 8:30am-6:00pm

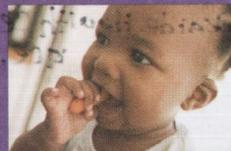
Children's Hospital at MLK
3029 MLK Jr. Ave., SE 20032
(202)476-6585
Tues: 9:00am-11:30am
Wed: 9:00am-4:00pm



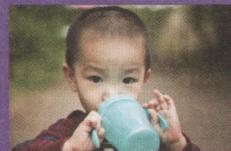
Department of Health
Community Health Administration
Nutrition and Physical Fitness Bureau
WIC State Agency
899 North Capitol St., NE
3rd Floor
Washington, DC 20002
(202)442-9397



You have everything
your baby needs.
Ask us about
Breastfeeding.



Eat fruits and
vegetables
at every meal.



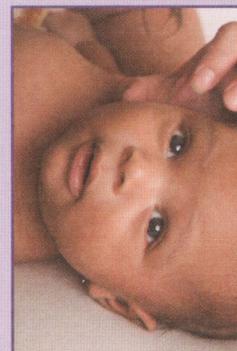
Make water your
beverage of choice.



Be physically active
every day.

Government of the District of Columbia
Department of Health

Women, Infants and Children Better Nutrition for a Healthy Family Facts Brochure



USDA is an equal opportunity provider and employer.

The Special Supplemental Nutrition Program for Women, Infants and Children (WIC) provides healthy foods, breastfeeding support and nutrition counseling for pregnant women, new mothers, infants and children up to five years old.



ENROLLMENT CRITERIA:

- Live in DC (US citizenship is not required)
- Meet income guidelines
- Annual family incomes must be at or below the following levels (Effective July 1, 2013 to June 30, 2014)

Note: Families who are currently enrolled in DC Healthy Families, Medicaid, TANF (Temporary Assistance for Needy Families), or the SNAP are financially eligible to join the WIC Program.

Family Size	1	2	3	4	5	6	7	8
Annual Family Income	\$21,257	\$28,694	\$36,131	\$43,568	\$51,005	\$58,442	\$65,879	\$73,316

WIC participants receive WIC and Vegetable & Fruit Cash-Value Checks (CVC) starting with their first appointment. The Farmers' Market Nutrition Program Checks (FMNP) are given once a year during the months of June through September and can be redeemed until November 30th.

What are the WIC Benefits?

- Nutrition education counseling
- WIC Checks for healthy foods
- Fruits and vegetable checks
- Farmers' Market checks for fruits & vegetables
- Breastfeeding support and breast pumps

What Should I Bring to My WIC Appointment?

- DC residency proof within the last 30 days
- Income proof within the last 30 days
- Baby or child and his/her birth certificate or hospital discharge papers
- Proof of pregnancy, i.e., letter from your doctor
- Proof of identity, i.e., picture ID
- Immunization shot records

DC WIC CERTIFICATION SITES

NORTHEAST CLINICS

East of the River Health Center
123 - 45th St., NE 20019
(202)388-7752
Mon., Tues., Thurs. & Fri. 8:30am-5:00 pm
Wed. 11:00am-7:30pm

HUH at Minnesota Avenue Clinic
3924 Minnesota Ave., NE 20019
(202)627-7851
Mon.-Fri. 9:00am-4:30pm
1st & 3rd Sat. 9:00am-12:00pm

Mary's Center-Brookland
Brentwood Village Shopping Center
1305 Rhode Island Ave., NE 20018
(202)232-6679 or 6721
Thurs. 9:00am-4:30pm

Unity's Parkside Health Center
765 Kennilworth Terrace, NE

(202)388-8177 or 8175
Mon.-Fri. 8:00am-4:30pm

Walker-Jones Health Clinic
40 Patterson St. NE 20002
(202)478-4717 or 4716
Mon. & Thurs. 8:15am-4:45pm

Saturday schedules vary among the clinic sites. Please call the WIC Clinic of your choice for assistance.

WIC Mobile Unit
Phone # (202)380-6936

NORTHWEST CLINICS

Children's Hospital
111 Michigan Ave., NW 20010
(202)476-5594
Mon.-Fri. 8:30am-4:30pm

Children's Comp. Health Clinic
2220 11th St., NW 20010
(202)476-6298
Mon.-Fri. 8:00am-4:30pm

Upper Cardozo Health Center
3020 14th St., NW 20009
(202)299-1554 or 1549
Mon.-Fri. 8:30am-5:00pm
Wed. 10:30am-6:30pm
1st & 3rd Sat. 9:00am-12:00pm

Mary's Center-Georgia Avenue
3912 Georgia Ave., NW 20011
(202)545-8042
Mon.-Fri. 9:00am-5:00pm

Mary's Center-Ontario Road
2333 Ontario Rd., NW 20009
(202)232-6679 or 6721
Mon.-Fri. 8:30am-5:00pm
1st & 3rd Sat. 9:00am-3:00pm

Howard University Hospital
2041 Georgia Ave., NW 20060
Room 1 K03
(202)865-4942
Mon.-Fri. 9:00am-4:30pm
2nd & 4th Sat. 9:00am-12:00pm

Children's Adams Morgan Clinic
1630 Euclid St., NW 20009
(202)476-5479
Mon.-Fri. 8:30am-5:00pm

Children's Marie Reed Clinic
2250 Champlain St., NW 20009
(202)476-6986
Wed. & Thurs. 8:30am-4:30pm